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August 20, 1998



Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-450)  
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on all supplements containing 5-HTP under the following brand names: American Health, Body Fortress, Good 'N Natural, Herbal Authority, Hudson, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition, Vitamin World:

5-HTP is a precursor to serotonin, a neurotransmitter involved in sending messages through the nervous system which contribute to a person's mood and well-being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Nutritionist

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